

# SECTION 7 – CONTRA-INDICATIONS

## 7.1 ULTIMATE CONTRA-INDICATIONS

ABSOLUTE: Never or pending GP approval/disapproval

PARTIAL: Avoid treatment applications on concerned area(s)

<b>Body part/ parts affected</b>	<b>Contra-indication: Absolute OR Partial</b>	<b>Explanation:</b>
Face & Body	<b>Pacemaker</b> -Absolute	NEVER TREAT – micro-current could disturb heart rate and liability insurance will not cover.
Face & Body	<b>Pregnancy and breast feeding</b> - Absolute	Do not treat if halfway through course. – Reassure client and stop course immediately. <b>Body treatments</b> – After pregnancy wait 3-6 months after birth with a caesarean section. 3 –6 weeks after normal birth. <b>Face treatments</b> – as soon as client feels ready
Face & Body	<b>All forms of cancer</b> - Absolute	Retrieve a GP note for 5 years clear or in remission – But never if on chemotherapy or radiotherapy.
Face & Body	<b>Epilepsy</b> - Absolute	NEVER TREAT - micro-current may cause a seizure.
Face & Body	<b>Heart conditions</b> – Absolute	Retrieve a GP note. ie: Angina/ coronary heart disease
Face & Body	<b>Diabetes</b> - Partial Side effects of diabetes include <b>Lack of skin sensation</b> →	Ok if diet controlled – If insulin dependent retrieve a GP note.  Perform tactile test – hot & cold / sharp & blunt.
Face & Body	<b>Inflammation/ infections</b> - Partial	Avoid area
Face & Body	<b>Tumours</b> - Absolute	Retrieve GP note.
Body	<b>Varicose veins</b> - Partial	Avoid area
Body	<b>Body operation/ recent scar tissue</b> - Partial	Wait 3-6 months depending on severity of operation.
Face	<b>Facial operation/ recent scar tissue</b> - Partial	Wait 3 months. <b>NB:</b> If body has undergone surgery the non-surgical face-lift treatment can still be administered & visa versa.
Face	<b>Semi-Permanent Make-Up</b> – Absolute for Microdermabrasion	Make-up colour will fade
Face & Body	<b>Allergy to rubber/metal/ silicone</b> - Absolute	Double probes are stainless steel. Body and facial pads are rubber based coated in silicone.
Face & Body	<b>Thrombosis/ Phlebitis</b> – Absolute	NEVER TREAT – micro-current could disturb/cause blood clotting.
Face & Body	<b>Retin A (oral medication for acne)</b> – Absolute	If prescribed by GP wait 3-6 months after completion of Retin A course depending on the medication dosage.
Face & Body	<b>Roaccutane (oral medication for the treatment of severe acne)</b> - Absolute	Wait 12-18 months after completion of roaccutane course depending on medication dosage.
Face & Body	<b>Metal implants/ screws</b> - Partial	Avoid area

**For any other medication or medical condition not listed above, please advise clients to retrieve a GP note before performing any micro-current treatment.**

**NB:** For any referral to a GP, please provide clients with the relevant literature explaining the effects of micro-current for the appropriate machine so that GP can approve or disapprove accordingly

N:\Common\Training\caci\Training Paperwork - 2008

# SECTION 7 – CONTRA-INDICATIONS

## 7.1 ULTIMATE CONTRA-INDICATIONS

ABSOLUTE: Never or pending GP approval/disapproval

PARTIAL: Avoid treatment applications on concerned area(s)

<b>Body part/ parts affected</b>	<b>Contra-indication: Absolute OR Partial</b>	<b>Explanation:</b>
Face & Body	<b>Prosthesis/silicone implants</b> - Partial	Avoid area
Face & Body	<b>High blood pressure</b> - Partial	If taking medication for hypertension, then do not perform any face/ body treatments as such medications contradict the purpose of the treatment as they contain muscle relaxants.
Face & Body	<b>Skin diseases</b> - Partial	Avoid area due to risk of cross-contamination.
Face & Body	<b>Multiple sclerosis</b> - Absolute	NEVER – facial & body muscles will not respond
Face & Body	<b>Severe muscular conditions</b> - Absolute	Retrieve GP note. i.e. muscular dystrophy
Face & Body	<b>Asthma</b> – Partial for Microdermabrasion	Dust collected from dead skin could instigate an attack – advise client to bring an inhaler
Face	<b>Botox</b> - Partial	Avoid the area where botox has been injected, as the nerve response from muscle to the brain has been paralysed. Botox may also be dispersed if current is applied over it.
Face	<b>Collagen/ fillers</b> - Partial	For 2 weeks after injection avoid area where it has been injected due to discomfort. After 2 weeks continue full-face treatment.
Face & Body	<b>Anti-depressants</b> - Absolute	Most antidepressants contain a muscle relaxant. Contradicts purpose of treatment. Prozac medication does not contain a muscle relaxant so face & body treatments can be performed.
Face & Body	<b>Over active thyroid</b> - Absolute	Retrieve GP note
Body	<b>The contraceptive coil</b> - Partial	Most coils are now plastic. Ask client if metal based. If so, do not perform body treatments.

**For any other medication or medical condition not listed above, please advise clients to retrieve a GP note before performing any micro-current treatment.**

**NB: For any referral to a GP, please provide clients with the relevant literature explaining the effects of micro-current for the appropriate machine so that GP can approve or disapprove accordingly**